



The Church of the Holy Trinity

An Episcopal Church in the Diocese of New York

February 4, 2024 at 6:00 PM

The Fifth Sunday after the Epiphany

Welcome to Holy Trinity

This leaflet includes an order of service for worship and other important information.

Assistance. If you need assistance in any way, an usher at the entrance can help you. Restrooms are located in the Mission House building basement, accessible through the Cloister Corridor or across the garden and into the westernmost building.

New to Holy Trinity? We would love to be able to greet you properly. Please fill out a visitor card, located in the pews, and place it in the offering plate or give it to one of the clergy or ushers.

Giving. As Christians, we believe that all we have, from our talents, to our energy, to our financial resources, is a gift from God. If you would like to know more about how to give of your talents and energy, please let a member of our clergy know and they will gladly connect you with the various ministries of the parish. You can make a financial gift through the offering plate, online at holytrinity-nyc.org or by texting COHT316 to 73256.

Our Mission. To show and share the love of God.

Our History. Since 1899 The Church of the Holy Trinity has opened its doors to those of the Anglican Faith, of other faiths, and of no faith. Through hospitality, service, and worship, we seek to “do justice, love kindness, and walk humbly with God.”

Being Spiritual

Ways to Grow This Season

Most of us have probably heard someone say something like, “I’m spiritual, but I’m not religious.” Perhaps we have said it ourselves.

When a person wants to express a spiritual desire and at the same time, distance themselves from the negative aspects of historic, organized religion, I understand that idea. But “religion” is not necessarily a bad thing. The Latin word “religare” means “to bind,” or “to yoke.” It has to do with where we put our energy, our commitment, and our time. It also has to do with practice and discipline.

The Season of Lent, which begins with Ash Wednesday on February 14, offers us a number of invitations to practice and grow spiritually. In addition to regular worship services and Adult Christian Education on Sundays, we will offer a mini-retreat, or Quiet Day, on Saturday, February 14, from 9:30 AM to 12:30 PM. On Fridays in Lent, we walk and pray Stations of the Cross from 6:00 PM to 6:45 PM.

In addition, I invite you to adopt a particular practice this Lent. Perhaps it is donating time or money, or reading a particular book, or praying in a new way. As we move towards Lent, may the Holy Spirit inspire us and deepen us.

The Reverend John F. Beddingfield, Rector

THE WORD OF GOD

Prelude

I Am Sure I Shall See

Welcome

Opening Song

Please Be My Strength

All who are able, are invited to stand

Verse 1 I've tried to stand my ground / I've tried to understand
 But I can't seem to find / my faith again
 Like water on the sand / or grasping at the wind
 I keep on falling short

Chorus Please be my strength / please be my strength
 'Cause I don't have anymore / I don't have anymore

Verse 2 I'm looking for a place / where I can plant my faith / one thing I know for sure
 I cannot create it / I can not sustain it / it's your love that's keeping me

Verse 3 And at my final breath / I hope that I can say / I fought the good fight of faith
 I pray your glory shine / in this doubting heart of mine / and all would know / that you

Chorus 2 You are my strength / you are my strength
 You and you alone / keep bringing me back home

Opening Acclamation

Celebrant Blessed be God: Father, Son and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Trisagion

Celebrant Holy God,

People **Holy and Mighty. Holy Immortal One. Have mercy upon us.**

The Collect of the Day

Celebrant The Lord be with you

People **And also with you**

Celebrant Let us pray

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

People **Amen**

The First Lesson from Scripture

Isaiah 40:21-31

All may be seated

Lector A reading from the Book of Isaiah.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength,

mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Lector The Word of the Lord.

People **Thanks be to God.**

Gradual

I Am Sure I Shall See

I am sure I shall see the goodness of the Lord / in the land of the living

Yes I shall see the goodness of our God / hold firm / trust in the Lord.

(x3)

The Gospel

Mark 1:29-39

All who are able, are invited to stand

Minister The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the

neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Minister The Gospel of the Lord

People **Praise to you, Lord Christ.**

The Sermon

All may be seated

John Beddingfield, *Rector, The Church of the Holy Trinity*

Prayers of the People

A vocalist sings the refrain before the prayers. Then interspersed throughout the prayers all sing the refrain .

Refrain **Kyrie eléison / Christe eléison / Kyrie eléison**

(Lord have mercy / Christ have mercy / Lord have mercy)

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

A sign of Christ’s peace is offered without touch and while keeping distance.

Announcements

THE HOLY COMMUNION

Offertory Song

We Labor unto Glory

All may be seated

- Verse 1 My God my God where e'er I go / glory
 Where I reap and where I sow / glory
 When my hands they grip the thorn / glory
 In the still and in the storm / glory / glory
- Chorus We labor unto glory / till heaven and earth are one
 We labor unto glory / until God's kingdom comes
- Verse 2 The sun it shines and then goes down / glory
 Rain it pours and beats the ground / glory
 Dust it blows and ends my days / glory
 Hearts they burn beneath your gaze / glory / glory
- Verse 3 My heart my hands they're kingdom bound / glory
 Where thorns no longer curse the ground / glory
 Trim the wick ignite the flame / glory
 My work it will not be in vain / glory / glory

The Great Thanksgiving

All who are able, are invited to stand

Celebrant The Lord be with you

People **And also with you**

Celebrant Lift up your hearts

People **We lift them to the Lord**

Celebrant Let us give thanks to the Lord our God

People **It is right to give God thanks and praise**

Celebrant ...lifting our voices to magnify you as we sing:

People **Holy holy holy / God of power and might**

Heaven and earth are full of your glory

Hosanna in the highest

Blessed is he who comes in the name of the Lord

Hosanna in the highest / hosanna in the highest

Celebrant ...therefore we proclaim the mystery of faith:

People **Christ has died. Christ is risen. Christ will come again.**

Celebrant ...through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

People **Amen.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

People **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.**

Breaking of the Bread

Celebrant Alleluia, Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast, alleluia.**

It is the tradition here at the Church of the Holy Trinity to invite all who wish to come forward to receive Holy Communion, the sacrament of the Body and the Blood of Christ in the form of bread and wine. Follow the directions of the ushers and the practice of your fellow worshippers. If you would like to receive a blessing, please come forward at the same time, and cross your hands over your chest to indicate that you wish to receive a blessing only.

Eucharistic Song

Remember

Verse 1 You broke the bread and blessed the cup / you served the sacrifice of love
Holy holy holy / I wanna see the glory / of all that you are and all that / you've done

Chorus Jesus the Lamb of God / oh what a savior
You took the altar / and made it a table
Nothing can separate / what you bring together
Now and forever / I will remember

Verse 2 How beautiful the mystery / Christ my hope alive in me
And worthy worthy worthy / I'm caught up in the glory
Of all that you are / and all that you've done

Post-Communion Prayer

All who are able, are invited to stand

Minister Let us pray.

People **Loving God, whether we are in your church or joining online from another place, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, and renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

The Blessing

The Celebrant blesses the People, and the People respond: Amen

Closing Song

Gravity of Love

All who are able, are invited to stand

Verse 1 I lift my eyes up to the hills / this my morning song

Where my strength comes from

I lift my eyes up to the hills / this my evening song

Where my help comes from

Chorus This is the gravity of love / just as the moon follows the sun

You're all around me / you're holding ev'rything

This is the hope of ev'ry land / just as the universe expands

Your love is reaching / you're holding ev'rything

Verse 2 We lift our eyes up to the hills / when will our help come

Lord we cry how long / we lift our eyes up to the hills

Even as we run / hope is chasing us

The Dismissal

A minister dismisses the people.

Minister Let us go forth in the name of Christ

People **Thanks be to God**

Postlude

Tin Roof by Chris Tomlin

Praying with our Link Parish in London of St. Stephen with St. John. We especially pray for the parish as they highlight various community partner ministries, and donate ten percent of their offerings to a different organization each week.

Keeping our Prayer List Current. Names remain on the list through the end of the calendar month, but are refreshed for the first Sunday of each month.

HOLY GOSSIP

Sunday, January 28, 2024 attendance: 11:00 AM: 114 . .

.If you have palms from last year's Palm Sunday and would like them included in those to be burned to make ashes for Ash Wednesday, please bring them to church by, or on Sunday, February 11, and place them in the bin in the back of the church. Remember that Ash Wednesday is February 14 this year.

RECAP OF THE ANNUAL MEETING

Thanks to everyone who joined us for our celebratory worship service last Sunday and our amazing International Potluck. Even though it was gray and wet outside, a wonderful spirit filled the inside. Chris Abelt was elected to a second term as Warden of Vestry, and Joe Aylett-Bullock, Amy Cover, Christina Dhanuja, Jean Geater, and Steve Knight were all elected to serve on Vestry. The Rector's Cross was awarded to Joe Lipuma, in gratitude for all that he does to expand the mission and hospitality of Holy Trinity. Paper copies of the Annual Report can be found in the back of the church and on the parish website.

LOOKING AHEAD

Saturday, February 10, 2024

The Installation of the 17th Bishop of New York

Saturday, February 10 at 11:00 AM (please arrive by 10:30 AM.) Join the diocesan church family, national, and international guests at the Cathedral of St. John the Divine (1047 Amsterdam Avenue at 112th Street) for the installation of the Rt. Rev. Matthew Heyd as the 17th Bishop of New York. Matt was made a bishop last year and has served as Bishop Coadjutor since that time. Everyone is welcome and encouraged to attend, but plan to arrive early. A reception will follow the service. You can indicate that you plan to attend on the Diocesan website at <https://dioceseny.org/>

Sunday, February 11, 2024

Join us after the 11:00 AM worship service in Draesel Hall. Instead of Coffee Hour, we'll have a *Pancake Brunch and Talent Show*, just like we've done in the past, but instead of having this on Shrove Tuesday (the night before Ash Wednesday), we are having it on the Sunday afternoon before Ash Wednesday. We'll welcome contributions of \$5 or \$10 to help defray the costs, and also invite desserts. (Pancakes will be cooked by volunteers.)

Wednesday, February 14, 2024

Ash Wednesday: Holy Communion with the Imposition of Ashes at 7:00 AM, Noon, and 7:00 PM

Weather permitting, ashes will also be available in front of the church, between services.

Saturday, February 17, 2024

Lenten Quiet Day: 9:00 AM to 12:30 PM

A Quiet Day is a mini-retreat, a chance to slow down and allow ourselves to arrive in the season. Join Father Beddingfield for a morning of reflection as we explore the heart of Christian faith through the themes of connection, compassion, and courage. We will use silence, simple chant, reflection on saints and scriptures,

and practice some basic heart openers and breathing exercises borrowed from yoga. We will try to maintain an atmosphere of quiet and calm, so conversation and chatting will be discouraged. Feel free to bring a journal or a devotional book you might like to spend some time reading, as there will be quiet time between the meditations. There is no cost for the event, but please register on the church website or tell Father John.

WORSHIP AND MUSIC

Are you interested in singing in the Holy Trinity Choir? If you or somebody you know (singers do not need to be members of Holy Trinity) would be interested in joining the Holy Trinity Choir, please email Adam Koch: apkoch@holytrinity-nyc.org.

Choir and Music Sponsorship. If you would like to give the gift of music, please complete the form that can be found at the back of the church or visit the church website to complete the interest form. If you have any questions, please reach out to Adam Koch, Director of Music, via email or by calling the church office. Thank you for your continued support of music at the Church of the Holy Trinity!

LEARNING AND GROWING

Forward Day-By-Day. Copies of the Feb/Mar/Apr edition of the daily prayer guide, *Forward Day by Day* are available on the wall shelves in the church.

Art and Ideas from “African & Byzantium”

February 4 and 11

On two Sunday mornings, we'll explore images and ideas from the exhibition at the Metropolitan Museum of Art. (On view through March 3, 2024).

Though we are not planning a trip to the museum, you are urged to see the exhibition when you can.

Lenten Book Discussion

Sunday mornings in Lent

This Lent, we'll be joining our link parish, St. Stephen's, Rochester Row, London, to read a book the Archbishop of Canterbury chose especially for the Season of Lent several years ago. *Saying Yes to Life* lifts our focus from every day (and perfectly natural) concerns to issues that are impacting millions of lives around the world. As people made in the image of God, we are entrusted to look after what God has made – to share in the joy and creativity of God in making a difference for good. The book can be purchased in the back of the church

SUNDAY TOURS. Join us for an in person 15 Minute Guided Tour. Tours are free! Meet the tour guide in the Narthex, (just inside the main entrance). Tours are given most Sundays after the 11:00 AM service, Free copies of booklets are located on the wall at the main entrance: *A Short History of Holy Trinity*, and *The Windows of Holy Trinity*.

STEWARDSHIP

It's not too late to pledge!

Stewardship packets are in the back of the church, and it's also possible to make a pledge on the church website. We have received 89 pledges totaling \$333,920.58 Our goal for 2024 is \$350,815.

OUTREACH & SOCIAL JUSTICE

(Holy Trinity Neighborhood Center, Inc.)

HTNC - HTNC serves sit-down, cooked meals to our neighborhood guests who join us on Saturdays at 5:15 PM. To volunteer by helping to cook or set up, come to the basement of the Mission House (the large building to the west of the main church) Saturday between 3:00 PM and 3:30 PM. Last Saturday, HTNC served 83 neighbors! Contact Joe Lipuma. (jlipuma27@gmail.com)

COMMUNITY LIFE

Yoga at Holy Trinity. Join us for yoga in the main church on Tuesdays from 12:30 PM to 1:30 PM. All levels are welcome. The class is free, though donations are welcome and go to support the programs of HTNC. For questions, contact registered yoga teacher and parishioner Liz Poole at lizpoolenyc@hotmail.com.

Discount tickets to "Handel: Made in America"

Thursday and Friday, February 15 and 16 at 7:00 PM at The Metropolitan Museum of Art.

[Handel: Made in America](#) weaves three narratives: the story of 18th Century London; the story of London's greatest musical genius - George Fredric Handel; and the story of Terrance McKnight (WQXR), a young Black man making his way in the Classical music world. The evening features a chorus and orchestra, as well as soloists from the Metropolitan Opera. For discounted tickets, please apply the promo code: HANDEL 35.

GET INVOLVED

Acolytes: Susan Valdes-Dapena;
susan@valdes-dapena.net

Altar Guild: Alden Prouty; alden.prouty@gmail.com

Choir & Music: Adam Koch directs the 11:00 AM choir: apkoch@holytrinity-nyc.org. Calvyn du Toit leads the 6:00 PM band: calvyn@protonmail.com

Holy Trinity Neighborhood Center (lunch, dinner, shelter or other programs): www.htncnyc.org

Lectors (serve as readers in worship services): Yvonne O'Neal; Yvonne.oneal@gmail.com

Sunday School: Oluyemisi Ariyibi sennyb@yahoo.com

Trinity Cares (assists with such tasks as grocery shopping, dog walking, or escort to a doctor, or to church): Patsy Weille; highlandmb4@gmail.com

Ushers (volunteer to greet people at worship services and offer hospitality): Liz Poole;
lizpoolenyc@hotmail.com

Yoga at Holy Trinity Liz Poole:
lizpoolenyc@hotmail.com

A Brief but Complicated History of The Church of the Holy Trinity



The original Church of the Holy Trinity, founded by the Rev. Stephen H. Tyng, Jr. in 1864, stood at 42nd Street and Madison Avenue. He was followed by the Rev. Dr. Wilbur F. Watkins, and the Rev. Dr. E. Walpole Warren. In the early 1890s, as Holy Trinity sought to move northward, the possibility developed for Holy Trinity to combine with St. James Church. Serena Rhineland, who wanted to build a church as a memorial to her father and grandfather, bought out her relatives to amass a parcel of land on East 88th Street, and plans began to take shape for a new mission church. In 1897, St. Christopher's Mission House, the first building of the Holy Trinity complex, was dedicated. The old Holy Trinity building in midtown sold for \$750,000, which allowed \$200,000 to create an endowment for the new Holy Trinity, and the remainder of the money to go to St. James, who could then retire the mortgage on its new church building. When the rector of St. James retired, the former rector of Holy Trinity became rector of St. James, and the Rev. Dr. James B. Chalmers, became the first vicar of Holy Trinity's new incarnation. After Dr. Chalmers, Holy Trinity was led by vicars, the Rev. Samuel Dorrance, 1919-1926; the Rev. Dudley St. Stark, 1926-1932; the Rev. William J. Dietrich, 1932-1940; and the Rev. James A. Paul who began as vicar but was made the first rector with Holy Trinity's independence in 1951.



The Church of the Holy Trinity

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www.holytrinity-nyc.org