



The Church of the Holy Trinity

An Episcopal Church in the Diocese of New York

February 14, 2024 at 7:00AM & Noon

Ash Wednesday: The First Day of Lent

Welcome to Holy Trinity

This leaflet includes an order of service for worship and other important information.

Assistance. If you need assistance in any way, an usher at the entrance can help you. Restrooms are located in the Mission House building basement, accessible through the Cloister Corridor or across the garden and into the westernmost building.

New to Holy Trinity? We would love to be able to greet you properly. Please fill out a visitor card, located in the pews, and place it in the offering plate or give it to one of the clergy or ushers.

Giving. As Christians, we believe that all we have, from our talents, to our energy, to our financial resources, is a gift from God. If you would like to know more about how to give of your talents and energy, please let a member of our clergy know and they will gladly connect you with the various ministries of the parish. You can make a financial gift through the offering plate, online at holytrinity-nyc.org or by texting COHT316 to 73256.

Our Mission. To show and share the love of God.

Our History. Since 1899 The Church of the Holy Trinity has opened its doors to those of the Anglican Faith, of other faiths, and of no faith. Through hospitality, service, and worship, we seek to “do justice, love kindness, and walk humbly with God.”

Ash Wednesday

We begin the Season of Lent.

The Season of Lent is a forty-day period (excluding Sundays) that leads to Easter. Traditionally, it was used as a season for preparing new Christians to receive baptism and their first Communion at Easter. All Christians are invited to use this season as a time of spiritual “spring cleaning,” praying about the things in our life that get in the way of love, in the way of following Christ more closely, and in the way of our being the people God wants us to be.

Often, people focus on “giving up” something for Lent. That might be the right choice for you, but I also encourage you to consider “taking up” some practice that helps you grow spiritually. Perhaps it is attending a new service of worship, reading a book about prayer or some other aspect of the Christian life, or volunteering to help someone.

In addition to regular worship services and Adult Christian Education on Sundays, we will offer a mini-retreat, or Quiet Day, on Saturday, February 17, from 9:30 AM to 12:30 PM. On Fridays in Lent, we walk and pray the Stations of the Cross from 6:00 PM to 6:45 PM. Whatever you feel the Spirit suggesting, I hope you’ll pray for spiritual growth this season— for yourself and for others.

The Reverend John F. Beddingfield, Rector

The Word of God

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

The people are seated for the Lessons.

The First Lesson from Scripture

Joel 2:1-2, 12-17

Lector A Reading from the Book of the Prophet Joel.

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the Lord is coming, it is near – a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the Lord, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the Lord, weep. Let them say, "Spare your people, O Lord, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, 'Where is their God?'"

Lector The Word of the Lord.

People **Thanks be to God.**

Psalm 103:8-14

Benedic, anima mea

The Psalm is recited in unison

**The Lord is full of compassion and mercy, *
slow to anger and of great kindness.**

**He will not always accuse us, *
nor will he keep his anger for ever.**

**He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.**

**For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.**

**As far as the east is from the west, *
so far has he removed our sins from us.**

**As a father cares for his children, *
so does the Lord care for those who fear him.**

**For he himself knows whereof we are made; *
he remembers that we are but dust.**

The Second Lesson from Scripture

2 Corinthians 5:20b-6:10

Lector A reading from the Second Letter of Paul to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made himself to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see – we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Lector The Word of the Lord.

People **Thanks be to God.**

Those who are able, please stand for the reading of the Gospel.

The Gospel

Matthew 6:1-6, 16-21

Minister The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for

they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Minister The Gospel of the Lord.
People **Praise to you, Lord. Christ.**

The Sermon

The Invitation to a Holy Lent

After the Homily, all stand, and the Celebrant invites the people to the observance of a holy Lent, saying:

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all who are able, kneeling.

After a time of silence, the Celebrant blesses the ashes with the following prayer:

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior.

People **Amen.**

The Imposition of Ashes

The People are invited to come forward to receive ashes; the ashes are imposed with the following words:

Remember that you are dust, and to dust you shall return.

Psalm 51

Miserere Deus

Those who are able are invited to kneel as the Psalm is recited in unison.

Have mercy on me, O God, according to your loving-kindness; *

in your great compassion blot out my offenses.

Wash me through and through from my wickedness *

and cleanse me from my sin.

For I know my transgressions, *

and my sin is ever before me.

Against you only have I sinned *

and done what is evil in your sight.

And so you are justified when you speak *

and upright in your judgment.

Indeed, I have been wicked from my birth, *

a sinner from my mother's womb.

For behold, you look for truth deep within me, *

and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; *

wash me, and I shall be clean indeed.

Make me hear of joy and gladness, *

that the body you have broken may rejoice.

Hide your face from my sins *

and blot out all my iniquities.

Create in me a clean heart, O God, *

and renew a right spirit within me.

Cast me not away from your presence *

and take not your holy Spirit from me.

Give me the joy of your saving help again *

and sustain me with your bountiful Spirit.

I shall teach your ways to the wicked, *

and sinners shall return to you.

Deliver me from death, O God, *
 and my tongue shall sing of your righteousness, O God of my salvation.
Open my lips, O Lord, *
 and my mouth shall proclaim your praise.
Had you desired it, I would have offered sacrifice; *
 but you take no delight in burnt-offerings.
The sacrifice of God is a troubled spirit; *
 a broken and contrite heart, O God, you will not despise.

Litany of Penitence

The Celebrant and People continue, all kneeling

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

The Celebrant continues

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than Ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

The Celebrant stands and, facing the people, says

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel. Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

People **Amen.**

The Peace

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

The congregation is invited to be seated.

The Holy Communion

The Offertory Sentence

An offering is received for the work and mission of the Church.

The Great Thanksgiving

Eucharistic Prayer A

Officiant The Lord be with you.
People **And also with you.**
Officiant Lift up your hearts.
People **We lift them to the Lord.**
Officiant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

All join in saying

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people may stand or kneel as the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of our faith:

All **Christ has died:**
 Christ is risen:
 Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the Blessed Virgin Mary and all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

People **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever.
Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
All **Therefore let us keep the feast.**

Reception of Communion

It is the tradition here at the Church of the Holy Trinity to invite all who wish to come forward to receive Holy Communion, the sacrament of the Body and the Blood of Christ in the form of bread and wine. Follow the directions of the ushers and the practice of your fellow worshippers. If you would like to receive a blessing, please come forward at the same time, and cross your hands over your chest to indicate that you wish to receive a blessing only.

Post Communion Prayer

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son and our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen

The Blessing

The Celebrant blesses the People, and the People respond: Amen.

The Dismissal

A Minister dismisses the people.

Minister Let us bless the Lord.

People **Thanks be to God.**

The Heart of Faith: A Lenten Quiet Day

Saturday, February 17, 2024

9:30 AM to 12:30 PM

A Quiet Day is a mini-retreat, a chance to slow down and allow ourselves to arrive in the season. Join Father Beddingfield for a morning of reflection as we explore the heart of Christian faith through the themes of connection, compassion, and courage. We will use silence, simple chant, reflection on saints and scriptures, and practice some basic heart openers and breathing exercises borrowed from yoga. We will try to maintain an atmosphere of quiet and calm, so conversation and chatting will be discouraged. Feel free to bring a journal or a devotional book you might like to spend some time reading, as there will be quiet time between the meditations.

HOLY WEEK & EASTER, March 24 – March 31

Palm Sunday, 8:00 AM, 11:00 AM, & 6:00 PM

Monday–Friday, Morning Prayer at 8:30 AM

Wednesday, Service of Tenebrae (Readings & Silence) 7:00 PM

Maundy Thursday

Holy Eucharist & Foot Washing 7:00 PM

Good Friday

The Great Three Hours (Music, Prayer, Scripture & Silence), Noon – 3:00 PM
The Good Friday Liturgy (Passion, Veneration of the Cross, Eucharist) 7:00 PM

Holy Saturday

Easter Eve Garden Communion 7:00 PM

EASTER DAY

Sunrise Communion 6:00 AM at Carl Schurz Park Promenade

Holy Communion at 8:00 AM

Festive Communion 11:00 AM (music)

Evening Communion 6:00 PM (music)



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